



Easthampton Eagles Cheer

Camp!!

Date: July 16th - 19th

Time: 8:30am-4pm

Location: Whitebrook Middle School, Easthampton

- Learn pom pom routines
- Learn the Fundamentals of basic cheerleading
- Improve your stunts, techniques & jumps
- Learn old and new cheers/chants
- Meet the coaches

All Participants need the following....

- wear comfortable clothing they can stretch and move in. (no short, shorts allowed)
- A comfortable pair of sneakers w/ shocks (no open toe shoes)
- A water bottle w/ name labeled on it
- Hair must be tied back
- Bag lunch everyday but 7/19/19

PEP Rally: 7/19/19

We will have pizza and juice for lunch and an afternoon snack. Please feel free to send your daughter with a NUT FREE snack for the AM/PM snack. Also if they do not want Pizza, Please pack a lunch on this day.

WE will be sizing and handing out the girls for their uniforms after lunch, so please be sure to come in to sign the parent conduct form and the uniform policy at pick up in the afternoon.

*****Girls should wear a tank top or Bathing suit for fitting.*****

If you have any questions, please feel free to contact: Heather (413)326-1749 / Elaine (413)695-2790